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Table 1. Thyroglobulin levels versus scintigraphic findings after treatment with iodine-131(131I)

Tg level (ng/ml)	Number of patients with 131 uptake		
	Thyroid remnants only	Lymph nodes	Distant metastases
< 1  ng/ml (n = 34)	28	6	0
1 - < 5  ng/ml $(n = 36)$	34	2	0
> 5 - < 15  ng/ml ( $n = 17$ )	13	2	2
> 15  ng/ml (n=26)	14	5	7

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## Thyroglobulin Measurement and Postablative Iodine-131 Total Body Scan After Total Thyroidectomy for Differentiated Thyroid Carcinoma in Patients with No Evidence of Disease

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DURING THE follow-up of patients with differentiated thyroid carcinoma, measurement of serum thyroglobulin (Tg) can lead to the early discovery of neoplastic foci [1,2] and an iodine-131 total body scan (<sup>131</sup>I-TBS) post therapy is the most sensitive tool for their imaging [3]. This study was undertaken in patients with no evidence of disease after total thyroidectomy to evaluate the accuracy of the <sup>131</sup>I-TBS performed after an ablative dose of radioiodine and of Tg measurement after thyroxine withdrawal.

Over the last 3 years, 135 patients with no evidence of disease were given an ablative dose of 3.7 GBq (100 mCi) <sup>131</sup>I, 1-3 months after total thyroidectomy. Treatment with thyroxine was withdrawn for 5 weeks and T3 treatment for 2 weeks before the dose. On the day of <sup>131</sup>I administration, serum TSH (Behring kit) was above 20 mU/ml in all patients; serum Tg was measured using an IRMA method (Dynotest Tg, Henning, Berlin); 22 patients with Tg auto-antibodies were excluded, and the recovery test was above 80% in all of

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the remaining 113 patients. Four days after treatment with <sup>131</sup>I, a TBS was performed with a nuclear rectilinear scan (Ohio Nuclear, Mentor, Ohio, U.S.A.) and a neck scintigraph was taken with a rectilinear scan.

<sup>131</sup>I uptake in the remnants of the thyroid was below 2% in all patients, thus confirming that a total thyroidectomy had been performed.

<sup>131</sup>I-TBS disclosed ectopic uptake in 11% of the patients with a Tg level below 5 ng/ml and in 37% of those with a Tg level above 5 ng/ml (Table 1). Of the 12 patients with a Tg level below 15 ng/ml and who had ectopic uptake, all were cured after further treatments, with surgery in the 10 patients with lymph node metastases and with radioiodine treatments in the 2 patients with lung metastases. At subsequent TBS, no radioiodine uptake was found and the Tg level after thyroxine withdrawal was undetectable.

Of the 26 patients with a Tg level above 15 ng/ml, 12 patients had ectopic iodine uptake and were treated with surgery, radioiodine or external radiotherapy. The remaining 14 patients had only thyroid remnants: 6 months later, serum Tg was still elevated after thyroxine withdrawal in 11 of the 14 patients, suggesting the presence of non-functional neoplastic foci.

In conclusion, this study advocates the combined use of both tools in patients with unfavourable prognostic indicators, even in those with a low Tg level after thyroxine withdrawal. The Tg level appears to be of major value both for the diagnosis of neoplastic foci after apparently complete initial surgery and for prognosis.

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